



Dharma Rain Zen Center

www.dharma-rain.org
503-239-4846

July 2010

Sunday	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
Z 8:30 Zazen 9:40 Service 10:15 Tea, Announcements 10:30 Dharma Talk June 27	28 <i>Closed Sunday afternoons through Tuesday afternoons</i>	29	Z 6:30-7:30am Zazen 7:30-7:50 Service 30 Z 7pm Service, Zazen, Discussion: <i>Sit Down, Shut Up</i>	Z 6:30-7:30am Zazen 7:30-7:50 Service 1 July	Z 6:30-7:30am Zazen 7:30-7:50 Service 2	Z 6:30-7:30am Zazen 7:30-7:50 Dharani Chants 3
Z 8:30 Zazen 9:40 Service 10:15 Tea, Announcements 10:30 Dharma Talk GVZM 3pm 4th of July picnic 4	5	6	Z 6:30-7:30am Zazen 7:30-7:50 Service 7 Z 7pm Service, Zazen, Discussion: <i>Sit Down, Shut Up</i>	Z 6:30-7:30am Zazen 7:30-7:50 Service 8	Z 6:30-7:30am Zazen 7:30-7:50 Service 9 SH 7pm Men's Group	Z 6:30-7:30am Zazen 7:30-7:50 Dharani Chants 10 Z 10:00am-12pm 7-up DH 1-3pm Workshop <i>Introduction to Zen Meditation</i> Z 7:30pm - Sangha Film <i>Fearless</i>
Z 8:30 Zazen 9:40 Service 10:15 Tea, Announcements 10:30 Dharma Talk 11	12	13	14	15	16	17
Summer Break Schedule						
Mandala on the Mountain Buddhist Summer Camp for Kids – High School & Middle School July 11-17; Juniors July 13-17						
Z 8:30 Zazen 9:40 Service 10:15 Tea, Announcements 10:30 Dharma Talk Z 12:30 Gay Tea 18	19	20	Z 7pm Service, Zazen, Vespers Z 6:30-7:30am Zazen 7:30-7:50 Service 21 Z 7pm Evening Service, Zazen, Discussion	Z 6:30-7:30am Zazen 7:30-7:50 Service 22 DH 7-9pm Workshop <i>Introduction to Zen Meditation</i>	Z 6:30-7:30am Zazen 7:30-7:50 Service 23	24 Z 5am-5pm Zazenkai <i>Preregistration Required</i>
Z 8:30 Zazen 9:40 Service 10:15 Tea, Announcements 10:30 Dharma Talk 25	26	27	Z 6:30-7:30am Zazen 7:30-7:50 Service 28 Z 7pm Evening Service, Zazen, Discussion	Z 6:30-7:30am Zazen 7:30-7:50 Service 29	Z 6:30-7:30am Zazen 7:30-7:50 Service 30	Z 6:30-7:30am Zazen 7:30-7:50 Dharani Chants 31

Z Events marked like this are held in the Zendo, 2514 SE Madison
DH Held in the Dharma House, 2539 SE Madison
SH Held in the Sangha House, 2605 SE Taylor (3 blocks N of DH)



Key to terms: Zazen = seated meditation, 25-35 minute block separated by a posture adjustment bell or Kinhin (slow walking meditation for 10 minutes). Sanzen = formal private interview with a teacher.
Vespers = a 10-minute evening singing service.